



Northampton Parks & Recreation Aquatic and Family Center



located at JFK Middle School, 100 Bridge Rd., Florence, MA

POOL SCHEDULE April 2022

ALL LOCAL AND STATE COVID
REGULATIONS WILL BE FOLLOWED.
AS OF SEPT. 23, FACE MASKS MUST
BE WORN AT ALL TIMES INDOORS
EXCEPT WHEN IN THE POOL.

- Check schedule carefully. Call ahead to inquire about lane availability.
- All local and state COVID regulations must be followed. Masks are required at all times except when in water. Do not attend if you do not feel well.
- Proper swimming attire is required, no cotton clothing.
- Weekday morning policy: Swimmers leaving **MUST** exit pool area by 8:00 am, including those using locker rooms, through pool deck glass doors. All must be out of the building by 8 am.

MONDAY

6:45 - 7:00 am - Lap swim (6 Lanes)
7:00 - 7:45 am - Lap swim (3 Lanes) / Water Aerobics (until 7:40 am)
4:30 - 6:30 pm - Lane Rental (1 Lane)
4:30 - 6:30 pm - Lap swim (3 Lanes) / Open swim / NO Diving Board
6:30 - 7:30 pm - Lap swim (3 Lanes) / Open swim / with Diving Board

TUESDAY

6:45 - 7:45 am Lap swim (1 Lane) /Masters' Swim Class (5 lanes)
4:30 - 5:30 pm - Lap swim (4 Lanes) / Open swim NO Diving Board
5:30 - 7:30 pm - Lap swim (3 Lanes) / Open swim with Diving Board

WEDNESDAY

6:45 - 7:00 am - Lap swim (6 Lanes)
7:00 - 7:45 am - Lap swim (3 Lanes) / Water Aerobics (until 7:40 am)
4:30 - 5:15 pm - Lap swim (4 Lanes) / Open swim / NO Diving Board
5:15 - 6:00 pm - Water Aerobics / Lap swim (3 Lanes) / NO Open swim /
NO Diving Board
6:00 - 7:30 pm - Lap swim (3 Lanes) / Open swim with Diving Board

THURSDAY

6:45 - 7:45 am Lap swim (1 Lane) /Masters' Swim Class (5 lanes)
4:30 - 5:30 pm - Lap swim (4 Lanes) / Open swim NO Diving Board
5:30 - 6:00 pm - Lap swim (3 Lanes) / Open swim with Diving Board
6:00 - 7:30 pm - Diving Class / Lap swim (3 Lanes) / Open swim NO Diving
Board

FRIDAY

6:45 - 7:00 am - Lap swim (6 Lanes)
7:00 - 7:45 am - Lap swim (3 Lanes) / Water Aerobics (until 7:40 am)
4:30 - 5:30 pm - Lap swim (4 Lanes) / Open swim / NO Diving Board
5:30 - 6:30 pm - Lap swim (3 Lanes) / Open swim / with Diving Board
6:30 - 7:30 pm - Special Olympics / NO Lap Swim / NO Open Swim

SATURDAY & SUNDAY: CLOSED until a weekend custodian is hired

AFC IS CLOSED: Monday April 18 for Patriot's Day

Extend Swim Times: April 19 - April 22; 7:45 am - 9 am

April 19 & 22; 12 - 4:30 pm

April 20 & 21; 12 - 1 pm & 3 - 4:30 pm

OPEN SWIM: The diving board, where indicated, and 3 lanes are open for leisure swim.

LAP SWIM: Designated lanes for swimming laps and aquatic fitness use ONLY.

LAP SWIMMING ETIQUETTE; PLEASE READ: Lap lanes are available for adults (16 years or older). When swimming alone, you have the entire lane; 2 people split the lane; 3 or more swim in circles: up one side and down the other. Speed is not important; faster people will pass slower people and everyone works at their own pace. Please inform all other swimmers when you join a lane, to prevent accidents. If a lane is empty, children may swim LAPS in that lane until an adult arrives then the child must leave the lane. Lockers are for day use only.

Aquatic & Family Center . 413-587-1046

Parks & Rec Office . 413-587-1040

www.northamptonma.gov/recreation

Over for Full Calendar

Updated 3/23/22

FOR MORE INFORMATION
& TO REGISTER



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JFK Pool Calendar April 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Daily Pool Lap/Open Swim Fees Resident: Adult / Senior / Youth: \$5.00 Non-Resident: Adult / Senior / Youth: \$8.00				
3 AFC CLOSED	4 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 7-7:45am H2O Aerobics 7-7:40am Lane Rental (1 Lane) 4:30-6:30 Lap(3 Lanes) 4:30-7:30pm Open Swim (NO Diving) 4:30-6:30pm Open Swim (with Diving) 6:30-7:30pm	5 Lap(1 Lane) 6:45-7:45am Masters (5 Lanes) 6:45-7:45am Lap(4 Lanes) 4:30-5:30pm Open Swim (NO Diving) 4:30-5:30pm Lap(3 Lanes) 5:30-7:30pm Open Swim (with Diving) 5:30-7:30pm	6 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 7-7:45am H2O Aerobics 7-7:40am Lap(4 Lanes) 4:30-5:15pm Open Swim (NO Diving) 4:30-5:15pm H2O Aerobics 5:15-6pm Lap(3 Lanes) 5:15-7:30pm Open Swim (with Diving) 6-7:30pm	7 Lap(1 Lane) 6:45-7:45am Masters (5 Lanes) 6:45-7:45am Lap(4 Lanes) 4:30-5:30pm Open Swim (NO Diving) 4:30-5:30pm Lap(3 Lanes) 5:30-7:30pm Open Swim (with Diving) 5:30-6pm Open Swim (NO Diving) 6-7:30pm Diving Class 6-7:30pm	8 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 7-7:45am H2O Aerobics 7-7:40am Lap(4 Lanes) 4:30-5:30pm Open Swim (NO Diving) 4:30-5:30pm Lap(3 Lanes) 5:30-6:30pm Open Swim (with Diving) 5:30-6:30pm Special Olympics 6:30-7:30pm	9 AFC CLOSED
10 AFC CLOSED	11 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 7-7:45am H2O Aerobics 7-7:40am Lane Rental (1 Lane) 4:30-6:30 Lap(3 Lanes) 4:30-7:30pm Open Swim (NO Diving) 4:30-6:30pm Open Swim (with Diving) 6:30-7:30pm	12 Lap(1 Lane) 6:45-7:45am Masters (5 Lanes) 6:45-7:45am Lap(4 Lanes) 4:30-5:30pm Open Swim (NO Diving) 4:30-5:30pm Lap(3 Lanes) 5:30-7:30pm Open Swim (with Diving) 5:30-7:30pm	13 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 7-7:45am H2O Aerobics 7-7:40am Lap(4 Lanes) 4:30-5:15pm Open Swim (NO Diving) 4:30-5:15pm H2O Aerobics 5:15-6pm Lap(3 Lanes) 5:15-6:30pm Open Swim (with Diving) 6-6:30pm Lifeguarding 6:30-7:30pm	14 Lap(1 Lane) 6:45-7:45am Masters (5 Lanes) 6:45-7:45am Lap(4 Lanes) 4:30-5:30pm Open Swim (NO Diving) 4:30-5:30pm Lap(3 Lanes) 5:30-7:30pm Open Swim (with Diving) 5:30-6pm Open Swim (NO Diving) 6-7:30pm Diving Class 6-7:30pm	15 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 7-7:45am H2O Aerobics 7-7:40am Lap(4 Lanes) 4:30-5:30pm Open Swim (NO Diving) 4:30-5:30pm Lap(3 Lanes) 5:30-6:30pm Open Swim (with Diving) 5:30-6:30pm Special Olympics 6:30-7:30pm	16 AFC CLOSED
17 AFC CLOSED	18 AFC CLOSED (Patriot's Day)	19 Lap(1 Lane) 6:45-7:45am Masters (5 Lanes) 6:45-7:45am Rec Camp 10:30-11:45am Lap(3 Lanes) 12-7:30pm Open Swim (with Diving) 12-7:30pm	20 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 7-9am H2O Aerobics 7-7:40am Lap(3 Lanes) 12-1:15pm Open Swim (with Diving) 12-1:15pm Rec Camp 1:45-2:45am Lap(3 Lanes) 3-7:30pm Open Swim (with Diving) 3-5:15pm H2O Aerobics 5:15-6pm Open Swim (with Diving) 6-7:30pm	21 Lap(1 Lane) 6:45-7:45am Masters (5 Lanes) 6:45-7:45am Lap(3 Lanes) 7:45-9am Lap(3 Lanes) 12-1:15pm Open Swim (with Diving) 12-1:15pm Rec Camp 1:45-2:45am Lap(3 Lanes) 3-7:30pm Open Swim (with Diving) 3-6pm Diving Class 6-7:30pm	22 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 7-9am H2O Aerobics 7-7:40am Rec Camp 10:30-11:45am Lap(3 Lanes) 12-6:30pm Open Swim (with Diving) 12-6:30pm Special Olympics 6:30-7:30pm	23 AFC CLOSED
24 AFC CLOSED	25 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 7-7:45am H2O Aerobics 7-7:40am Lane Rental (1 Lane) 4:30-6:30pm Lap(3 Lanes) 4:30-7:30pm Open Swim (NO Diving) 4:30-6:00pm Aqua Fitness 6-7pm Open Swim (with Diving) 7-	26 Lap(1 Lane) 6:45-7:45am Masters (5 Lanes) 6:45-7:45am Lap(4 Lanes) 4:30-5:30pm Open Swim (NO Diving) 4:30-5:30pm Lap(3 Lanes) 5:30-7:30pm Open Swim (with Diving) 6-6:30pm Lifeguarding 5-8pm	27 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 7-7:45am H2O Aerobics 7-7:40am Lap(4 Lanes) 4:30-5:15pm Open Swim (NO Diving) 4:30-5:15pm H2O Aerobics 5:15-6pm Lap(3 Lanes) 5:30-7:30pm Open Swim (with Diving) 6-6:30pm Lifeguarding 5-8pm	28 Lap(1 Lane) 6:45-7:45am Masters (5 Lanes) 6:45-7:45am Lap(4 Lanes) 4:30-5:30pm Open Swim (NO Diving) 4:30-5:30pm Lap(3 Lanes) 5:30-7:30pm Open Swim (with Diving) 5:30-6pm Open Swim (NO Diving) 6-7:30pm Diving Class 6-7:30pm	29 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 7-7:45am H2O Aerobics 7-7:40am Lap(4 Lanes) 4:30-5:30pm Open Swim (NO Diving) 4:30-5:30pm Lap(3 Lanes) 5:30-6:30pm Open Swim (with Diving) 5:30-6:30pm Special Olympics 6:30-7:30pm	30 AFC CLOSED